

## **SCAR CAMOUFLAGE + ISR AFTERCARE**

Proper aftercare is essential to ensure optimal healing and long-lasting results. Please follow these instructions diligently to promote healthy healing:

1. **Cleaning:** Gently cleanse the tattooed area twice a day using a mild, fragrance-free antibacterial soap and lukewarm water. Avoid using excessive force or scrubbing the tattoo. Pat the area dry with a clean, disposable paper towel or let it air dry.
2. **Moisturizing:** Apply a thin layer of a high-quality, fragrance-free tattoo aftercare ointment or moisturizer recommended by your artist. Use clean hands or a sterile cotton swab to gently massage the product into the tattooed skin. Repeat this process 2-3 times a day to keep the tattoo adequately moisturized.
3. **Avoid Picking and Scratching:** Resist the temptation to pick at scabs, flakes, or any dry skin that forms on the tattoo. Allow the healing process to occur naturally. Picking or scratching can lead to scarring, uneven color distribution, or pigment loss.
4. **Sun Protection:** Shield the tattooed area from direct sunlight, as UV rays can cause fading and damage to the tattooed skin. Keep the area covered with clothing or use a broad-spectrum sunscreen (SPF 30 or higher) when sun exposure is unavoidable. Reapply sunscreen as directed throughout the day.
5. **Avoid Excessive Moisture:** Minimize contact with water, especially in the first few weeks of healing. Avoid swimming pools, hot tubs, saunas, and extended showers, as they can soften scabs prematurely or introduce bacteria to the tattooed area. Protect the tattoo during bathing by covering it with a waterproof barrier, such as plastic wrap.
6. **Clothing Choice:** Wear loose-fitting clothing made of breathable fabrics to avoid friction and irritation on the tattooed skin. Tight or rough fabrics can hinder the healing process and cause discomfort.
7. **Physical Activities:** Refrain from engaging in activities that cause excessive sweating, such as intense workouts, heavy lifting, or contact sports during the initial healing period. Sweat can disrupt the healing process and increase the risk of infection. Once healed, gradually resume physical activities.
8. **Follow-Up Appointments:** Schedule and attend any follow-up appointments recommended by your artist. These appointments allow them to assess the healing progress and make any necessary touch-ups to achieve the desired outcome.

Remember, everyone's healing process may vary, so it's essential to follow these aftercare instructions provided by your artist. If you have any questions or concerns during the healing period, don't hesitate to contact us for guidance.