

## EYEBROW AFTERCARE

### Day 1 (Day of the Procedure)

- It is very important to remove the lymph fluid from the surface of the skin in order to avoid heavy scabbing. Before bed, if the brows still have some dry lymph gently pat dry. Brows are crisp and are 20-40% darker and bolder than your healed results.

### Day 3-5

- Your brows will begin to itch and the pigment will appear raised. Brows will appear dark due to oxidation and scabbing. The top layers of your skin will begin to shed. **DO NOT PICK OR SCRATCH!!** Let them fall off naturally.

### Day 6-8

- The skin is rapidly exfoliating and will shed if left alone. **DO NOT PICK OR SCRATCH!!** The pigment under the exfoliating skin will appear light until the epidermis takes on its more transparent characteristics.

### Day 10

- Most or all of the scabbing has fallen off naturally. Brows will appear light and will warm up as the skin continues to heal. You can wash your brows now! Yay!

### Day 30-60

- Now is the time to critique your brows. The tattoo has now become part of the dermis, seen under the epidermis.

### PLEASE REMEMBER:

- Let your brow tattoo **DRY HEAL** for the first 10 days following the procedure
- Keep the area clean and let it breathe
- **NO** water, cleansers, cream, makeup or any other products on the treated area for 10 days
- 4-5 hours after the procedure, clean the area with sterile water and a cotton pad or gauze and allow to air dry
- **DO NOT** rub, pick or scratch the treated area. Let any scabbing or dry skin naturally exfoliate off. Picking can cause scarring and pull the pigment out.
- Avoid direct sun exposure or tanning for 3-4 weeks after procedure
- Avoid heavy sweating for the first 10 days
- **NO** facials, Botox, chemical treatments and microdermabrasion for 4 weeks
- Avoid sleeping on your face for the first 10 days
- **DO NOT** run water directly into your brow tattoo the first 10 days
- **NO** saunas, steam rooms, pools, massages, facials and skin treatments during the healing process