

## LIP BLUSHING AFTERCARE

### Day 1 (Day of the Procedure)

- It is very important to remove the lymph fluid from the surface of the skin in order to avoid heavy scabbing. Before bed, if the lips still have some dry lymph, rinse with lukewarm water, gently removing the dry lymph, pat dry and apply Healing Ointment. Sometimes the lips can bruise even after the procedure. Bruising will subside within 24 hours post procedure.

### Day 2 - 7

- The lips may be swollen the second day as well. Please do not ice the lips. Keep the skin moist at all times, do not let the lips dry out. Continue to apply ointment every 30 minutes throughout the day. Again, do NOT let the lips dry out.

### DAY 8-10

- Lips finally began to feel "normal". still applying hydrating lip balm frequently as they felt quite dryer than normal.

### Day 14

- Dryness finally began to subside and the color is beginning to "bloom", settling into a deeper but natural tone.

### During Day 1 to Day 7 (or until the scabs are gone)

Please Avoid:

- Water (on the PMU area) aside from cleaning them
- Makeup
- Excessive sweating or working out
- Sauna
- Pools
- Sunbathing
- Spicy food or big bites that make you stretch your lips
- Kissing
- Keep pets away from treated area (no licking)

**DO NOT pick at your dry lips.**

**Do not apply anything besides Aquaphor ointment or aftercare provided.** Following the procedure, do not use creams that contain acids or ingredients that will lighten or exfoliate the skin. Touchups (if needed) can be done no sooner than 6-8 weeks after the original appointment.